

Iowa Osteopathic Medical Association



## Upper Midwest Osteopathic Health Conference

Thursday, May 2<sup>nd</sup> – Diabetes Day

8 credit hours

| Time                | Session Title  | Speaker                          | Location |
|---------------------|--|----------------------------------|----------|
| 7:00 AM             | <b>Registration Opens**</b>  |                                  |          |
| 8:00 AM – 9:00 AM   | Breakthroughs in Treatment of Diabetic Kidney Disease                    | Jennifer Thompson, DO            | Webster  |
| 9:00 AM – 10:00 AM  | Clinical Conversations in Diabetes Technology: Resources and Acceptance  | Armand Krikorian, MD             | Webster  |
| 10:00 AM – 10:15 AM | <b>Break**</b>   |                                  |          |
| 10:15 AM – 11:15 AM | Innovations in Insulin Therapy: From Ultra-Rapid to Ultra-Long Acting    | Sarah FitzPatrick, PharmD, BCACP | Webster  |
| 11:15 AM – 12:15 PM | The Diabetic Foot: Comprehensive Review                                  | Tim Holcomb, DPM                 | Webster  |
| 12:30 PM – 1:30 PM  | <b>Sponsored Lunch**</b>   |                                  | Polk     |
| 1:30 PM – 2:30 PM   | Leveraging Continuous Glucose Monitoring                                 | Amy Martin, RN, BSN, CDCES       | Webster  |
| 2:30 PM – 3:30 PM   | Treatment of Obesity for Primary Care: From Diagnosis to Care Management | Armand Krikorian, MD             | Webster  |
| 3:30 PM – 4:00 PM   | <b>Exhibit Hall Break**</b>  |                                  |          |
| 4:00 PM – 5:00 PM   | Diabetes Performance Measures  | Gregory Kusters, DO              | Webster  |
| 5:00 PM – 6:00 PM   | The Challenges of Physician Mental Health                                | David Drake, DO                  | Webster  |
| 6:00 PM – 7:00 PM   | <b>Evening Reception in Exhibit Hall**</b>                               |                                  |          |

*Schedule Subject to Change*

\*\*Not eligible for CME Credit

## Friday, May 3rd – General Session

7.5 credit hours

| Time                | Session Title  | Speaker                    | Location                   |
|---------------------|--|----------------------------|----------------------------|
| 6:45 AM             | <b>Registration Opens**</b>  |                            |                            |
| 8:00 AM – 9:00 AM   | Dementia Update 2024 - Biomarkers and Antiamyloid Therapies for Early AD   |                            | Yogesh Shah, MD, MPH       |
| 9:00 AM – 10:00 AM  | The Latest on Menopause Management   | Kaaren Olesen, DO          | Webster                    |
| 10:00 AM – 10:45 AM | <b>Exhibit Hall Break**</b>  |                            | Webster                    |
| 10:45 AM – 11:45 AM | Clinical Artificial Intelligence and Large Language Models: Background & Applications in Practice<br><i>Combined Session with EM Track</i> |                            | David Shumway, DO          |
| 12:00 PM – 1:00 PM  | <b>Sponsored Lunch**</b>   |                            | Webster                    |
| 1:00 PM – 2:00 PM   | Defensible Documentation: Optimize Your Documentation to Improve Your Bottom-Line  |                            | Cynthia Penkala, CMM, CPME |
| 2:00 PM – 3:00 PM   | Denials and Audits: Challenges and Strategies for Success  | Cynthia Penkala, CMM, CPME | Webster                    |
| 3:00 PM – 3:30 PM   | <b>Exhibit Hall Break**</b>  |                            | Webster                    |
| 3:30 PM – 4:30 PM   | Healthy Lifestyle to Prevent Dementia  |                            | Patricia Quinlisk, MD      |
| 4:30 PM – 6:00 PM   | OMM Workshop - Efficient Osteopathic Approach to Low Back Pain in the Outpatient Setting   | Jose Figueroa, DO          | Webster                    |
| 6:00 PM – Evening   | <b>Restaurant Roulette**</b>   |                            | Webster                    |

## Friday, May 3<sup>rd</sup> – Emergency Medicine Track

7 credit hours

| Time                | Session Title  | Speaker         | Location          |
|---------------------|--|-----------------|-------------------|
| 6:45 AM             | <b>Registration Opens**</b>  |                 |                   |
| 8:00 AM – 9:00 AM   | Common Upper and Lower Extremity Fractures and Dislocations and How to Reduce Them!  |                 | Jeffery Wahl, DO  |
| 9:00 AM – 10:00 AM  | What's Going on with the ER?!  | Tom Benzoni, DO | Dallas            |
| 10:00 AM – 10:45 AM | <b>Exhibit Hall Break**</b>  |                 | Dallas            |
| 10:45 AM – 11:45 AM | Clinical Artificial Intelligence and Large Language Models: Background & Applications in Practice<br><i>Combined Session with EM Track</i> |                 | David Shumway, DO |
| 12:00 PM – 1:00 PM  | <b>Sponsored Lunch**</b>   |                 | Webster           |

Schedule Subject to Change

\*\*Not eligible for CME Credit

|                   |   |                       |                     |
|-------------------|---|-----------------------|---------------------|
| 1:00 PM – 2:00 PM | Trauma in the OB Patient  |                       | Chris Wistrom, DO   |
| 2:00 PM – 3:00 PM | Environmental Medicine in Rural Emergency Practice  | Kyle Brown, MD        | Dallas              |
| 3:00 PM – 3:30 PM | <b>Exhibit Hall Break**</b>   |                       | Dallas              |
| 3:30 PM – 4:30 PM | Pharmacogenomics: An Evidence Based, Actionable Tool for Improving Practice of Emergency Medicine |                       | Pramod Mahajan, PhD |
| 4:30 PM – 5:30 PM | Spinal Cord Abscess   | Jacqueline Stoken, DO | Dallas              |
| 6:00 PM – Evening | <b>Restaurant Roulette**</b>  |                       | Dallas              |
|                   |   |                       |                     |

## Saturday, May 4<sup>th</sup> – General Session

7 credit hours

| Time                | Session Title   | Speaker            | Location             |
|---------------------|---|--------------------|----------------------|
| 7:00 AM             | <b>Registration Opens**</b>                             |                    |                      |
| 8:00 AM – 10:00 AM  | Legal Issues, Changes and Challenges for the Provider   |                    | Jo Ellen Whitney     |
| 10:00 AM – 10:30 AM | <b>Break/Poster Contest**</b>                           |                    | Webster              |
| 10:30 AM – 11:30 AM | Depression in Adolescence, How WE Can Make a Difference |                    | Lindsey Van Duyn, DO |
| 11:45 AM – 12:45 PM | <b>Sponsored Lunch</b>                                  | Polk               | Webster              |
| 12:45 PM – 1:45 PM  | <b>Annual Business Meeting**</b>                        |                    |                      |
| 1:45 PM – 2:45 PM   | Diagnosis and Management of Venous Ulcer                |                    | Dustin Arnold, DO    |
| 2:45 PM – 3:45 PM   | Preparing for International Travel                      | William Felegi, DO | Webster              |
| 3:45 PM – 4:00 PM   | <b>Break**</b>  |                    | Webster              |
| 4:00 PM – 5:00 PM   | OMM Workshop - ENT and Common Treatments Lecture        | Adrian Wooley, DO  |                      |
| 5:00 PM – 6:00 PM   | OMM Workshop - ENT and Common Treatments Lab            | Adrian Wooley, DO  | Webster              |
|                     |   |                    |                      |

## Optional Friday Add-On: *Sign up for hands on simulations with the University of Iowa SIM-IA truck!*

Simulation in Motion—Iowa (SIM-IA) answers a critical need for emergency and trauma related simulation training in rural areas of Iowa. This year, IOMA and SIM-IA are partnering at the UMOHC to offer limited availability simulation training opportunities for our attendees.

**Simulations will run hourly on Friday, May 3<sup>rd</sup>. *More info to come.***

*Schedule Subject to Change*

\*\*Not eligible for CME Credit

For more information about the University of Iowa SIM-IA truck, visit: <https://sim-ia.uiowa.edu/>

*Schedule Subject to Change*

\*\*Not eligible for CME Credit